

CHANGING MINDS WITH YOUTH

**A PROGRAM DESIGNED BY AND
BUILT FOR YOUNG PEOPLE!**

Bringing youth together at Hope + Me to connect, share, support, access tools and resources.. and to learn from each other. Join our new youth programs:

STOP DROP AND TALK

YOUTH LIVING WELL




Ontario
Trillium Foundation




Fondation Trillium
de l'Ontario

An agency of the Government of Ontario.
Relève du gouvernement de l'Ontario.

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